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## *Catering Menu*

### **Pot of Coffee or Tea**

A fresh pot of coffee or tea. Good for 10 cups.

### **Assorted Drinks**

Assorted water, juices and soda.

### **Assorted Pastry Platter**

*Available in Sm 6-8 people, Lg 12-16 people*

A selection of fresh muffins, croissants, danishes and sweet pastries.

### **Assorted Bagels & English Muffin Platter**

*Available in Sm 6-8 people, Lg 12-16 people*

Assorted bagels and english muffins, served with a variety of spreads (butter, jam, cream cheese and peanut butter).

### **Assorted Savoury Pastry Platter**

*Available in Sm 6-8 people, Lg 12-16 people*

An assortment of savoury pastries filled with tomato & olive, spinach & feta, and leek & parmesan.

### **Grilled Breakfast Wraps & English Muffins**

*Priced per person*

An assortment of breakfast wraps and sandwiches filled with egg, cheese, tomato and spinach.

### **Assorted Deli Sandwiches & Wraps**

*Priced per person*

Lean meats such as ham, chicken, turkey and roast beef. Topped with veggies such as lettuce, tomato, cucumber, onions and peppers. Served on a variety of whole grain breads or whole wheat wraps.

### **Assorted Croissant Sandwiches**

*Priced per person*

An assortment of sandwiches made on croissants, such as:

Ham with apple and mozzarella,

Tuna with mayo, tomato and hard boiled egg.

Grilled peppers, olives, feta, lemon, olive oil and yogurt.

Turkey, pesto, grilled peppers and mozzarella.

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#### **YCC MARKETPLACE**

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### **Assorted Grilled Panini & Wraps**

*Priced per person*

Grilled Chicken, cheese, spinach and peppers  
Tuna, avocado, cucumbers and spinach  
Eggplant, peppers cheese and spinach

### **Veggie Platter**

*Available in Sm 6-8 people, Lg 12-16 people*

A selection of raw veggies, including cucumber, broccoli, cauliflower, carrots, celery, cherry tomatoes, mushrooms, and olives. Served with a low fat dip.

### **Fruit Platter**

*Available in Sm 6-8 people, Lg 12-16 people*

A fresh cut fruit platter, including pineapples, watermelon, strawberries, cantaloupe, honeydew, mangoes, grapefruit, oranges, kiwi, papaya and other seasonal fruits.

### **Cheese Platter**

*Available in Sm 6-8 people, Lg 12-16 people*

A variety of cheeses served with whole wheat crackers and whole grain crisp breads.

### **Assorted Salads**

*Available in Sm 6-8 people, Lg 12-16 people*

Choose from a variety of our daily mixed green salads (Caesar salad, garden salad, arugula salad) bean salads, potato salad, pasta salad, tabhoulli salad, rice salad and much more.  
Top off your salad with our selection of low fat, low cal and fat free dressings.

### **Yogurt Parfait**

*Priced per person*

A mixture of low fat yogurt, fresh fruit and whole grain cereal in a cup.

### **Cookies**

*Priced per piece*

Our selections include chocolate chip, double chocolate, oatmeal raisin and white chocolate macadamia nut.

**PRICES ARE SUBJECT TO CHANGE**

**DELIVERY CHARGES MAY APPLY**

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 Delivery Location: \_\_\_\_\_  
 Delivery Date: \_\_\_\_\_ Time: \_\_\_\_\_

**PRODUCT QTY PRICE**

**PLATTERS**

Assorted Pastries Small (6-8 ppl)		\$30/tray
Assorted Pastries Large (12-16 ppl)		\$50/tray
Assorted Savoury Pastries Small (6-8 ppl)		\$30/tray
Assorted Savoury Pastries Large (12-16 ppl)		\$50/tray
Veggie Platter Small (6-8 ppl)		\$30/tray
Veggie Platter Large (12-16 ppl)		\$45/tray
Fruit Platter Small (6-8 ppl)		\$35/tray
Fruit Platter Large (12-16 ppl)		\$55/tray
Cheese Platter Small (6-8 ppl)		\$45/tray
Cheese Platter Large (12-16 ppl)		\$65/tray
Assorted Salads Small (6-8 ppl)		\$25/tray
Assorted Salads Large (12-16 ppl)		\$45/tray

**PRODUCT QTY PRICE**

**SANDWICHES**

Grilled Breakfast Wraps & English Muffins		\$8/person
Assorted Deli Sandwichs & Wraps		\$10/person
Assorted Croissant Sandwiches		\$10/person
Assorted Grilled Panini & Wraps		\$10/person

**OTHER**

Pot of Coffee or Tea (10 cups)		\$20/pot
Assorted Drinks (juice, water, pop)		\$2/each
Smoothies (12oz)		\$6/each
Yogurt Parfait		\$5/each
Fruit Cup		\$5/each
Cookies		\$1.25/each

**COMMENTS:**

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