



Catering Menu

Pot of Coffee or Tea

A fresh pot of coffee or tea. Good for 10 cups.

Assorted Drinks

Assorted water, juices and soda.

Assorted Pastry Platter

Available in Sm 6-8 people, Lg 12-16 people

A selection of fresh muffins, croissants, danishes and sweet pastries.

Assorted Bagels & English Muffin Platter

Available in Sm 6-8 people, Lg 12-16 people

Assorted bagels and english muffins, served with a variety of spreads (butter, jam, cream cheese and peanut butter).

Assorted Savoury Pastry Platter

Available in Sm 6-8 people, Lg 12-16 people

An assortment of savoury pastries filled with tomato & olive, spinach & feta, and leek & parmesan.

Grilled Breakfast Wraps & English Muffins

Priced per person

An assortment of breakfast wraps and sandwiches filled with egg, cheese, tomato and spinach.

Assorted Deli Sandwiches & Wraps

Priced per person

Lean meats such as ham, chicken, turkey and roast beef. Topped with veggies such as lettuce, tomato, cucumber, onions and peppers. Served on a variety of whole grain breads or whole wheat wraps.

Assorted Croissant Sandwiches

Priced per person

An assortment of sandwiches made on croissants, such as:

Ham with apple and mozzarella,

Tuna with mayo, tomato and hard boiled egg.

Grilled peppers, olives, feta, lemon, olive oil and yogurt.

Turkey, pesto, grilled peppers and mozzarella.

YCC MARKETPLACE

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Assorted Grilled Panini & Wraps

Priced per person

Grilled Chicken, cheese, spinach and peppers
Tuna, avocado, cucumbers and spinach
Eggplant, peppers cheese and spinach

Veggie Platter

Available in Sm 6-8 people, Lg 12-16 people

A selection of raw veggies, including cucumber, broccoli, cauliflower, carrots, celery, cherry tomatoes, mushrooms, and olives. Served with a low fat dip.

Fruit Platter

Available in Sm 6-8 people, Lg 12-16 people

A fresh cut fruit platter, including pineapples, watermelon, strawberries, cantaloupe, honeydew, mangoes, grapefruit, oranges, kiwi, papaya and other seasonal fruits.

Cheese Platter

Available in Sm 6-8 people, Lg 12-16 people

A variety of cheeses served with whole wheat crackers and whole grain crisp breads.

Assorted Salads

Available in Sm 6-8 people, Lg 12-16 people

Choose from a variety of our daily mixed green salads (Caesar salad, garden salad, arugula salad) bean salads, potato salad, pasta salad, tabhoulli salad, rice salad and much more.
Top off your salad with our selection of low fat, low cal and fat free dressings.

Yogurt Parfait

Priced per person

A mixture of low fat yogurt, fresh fruit and whole grain cereal in a cup.

Cookies

Priced per piece

Our selections include chocolate chip, double chocolate, oatmeal raisin and white chocolate macadamia nut.

PRICES ARE SUBJECT TO CHANGE

DELIVERY CHARGES MAY APPLY

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Name: _____

Phone: _____

Email: _____

Delivery Location: _____

Delivery Date: _____ Time: _____

PRODUCT	QTY	PRICE
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PLATTERS

Assorted Pastries Small (6-8 ppl)		\$25/tray
Assorted Pastries Large (12-16 ppl)		\$40/tray
Assorted Savoury Pastries Small (6-8 ppl)		\$25/tray
Assorted Savoury Pastries Large (12-16 ppl)		\$40/tray
Veggie Platter Small (6-8 ppl)		\$30/tray
Veggie Platter Large (12-16 ppl)		\$45/tray
Fruit Platter Small (6-8 ppl)		\$35/tray
Fruit Platter Large (12-16 ppl)		\$55/tray
Cheese Platter Small (6-8 ppl)		\$45/tray
Cheese Platter Large (12-16 ppl)		\$65/tray
Assorted Salads Small (6-8 ppl)		\$25/tray
Assorted Salads Large (12-16 ppl)		\$45/tray

PRODUCT	QTY	PRICE
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SANDWICHES

Breakfast Frittatas		\$3/person
Grilled Breakfast Wraps & English Muffins		\$5/person
Assorted Deli Sandwichs & Wraps		\$6/person
Assorted Croissant Sandwiches		\$7/person
Assorted Grilled Panini & Wraps		\$7/person

OTHER

Pot of Coffee or Tea (10 cups)		\$17.50/pot
Assorted Drinks (juice, water, pop)		\$1.50/each
Smoothies (8oz)		\$4/each
Yogurt Parfait		\$4/each
Fruit Cup		\$4/each
Cookies		\$1/each

COMMENTS:

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