

## Customized Breakfast Box Menu

ADD FRESHLY SQUEEZED  
ORANGE JUICE FOR JUST \$2

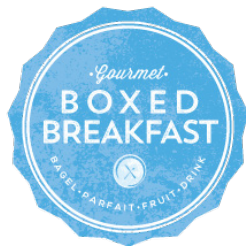


### SIGNATURE BOXED BREAKFAST

includes choice of:

- Muffin or Croissant
- Whole Fruit or Yogurt
- Parfait or Fruit Cup
- Water, Juice or V8

**\$10**

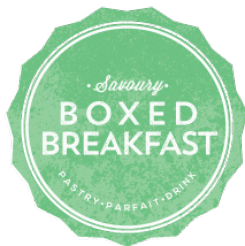


### GOURMET BOXED BREAKFAST

includes choice of:

- Bagel or English Muffin
- Whole Fruit or Yogurt
- Parfait or Fruit Cup
- Water, Juice or V8

**\$10**

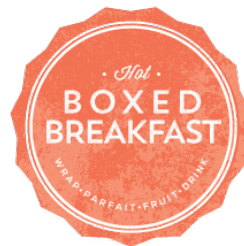


### SAVOURY BOXED BREAKFAST

includes choice of:

- Assorted Savoury Pastry
- Parfait or Fruit Cup
- Water, Juice or V8

**\$10**



### HOT BOXED BREAKFAST

includes choice of:

- Wrap Or English Muffin
- Parfait or Fruit Cup
- Whole Fruit or Yogurt
- Water, Juice or V8

**\$12**

### Options

#### PASTRY:

A variety of fresh baked muffins, croissants, danish.

#### BAGELS AND ENGLISH MUFFINS:

A variety of bagels and english muffins served with butter, jam, peanut butter and cream cheese.

#### SAVOURY PASTRY:

Tomato, spinach, fetta and scrambled egg served in a flaky croissant dough topped with garden vegetables.

#### HOT BREAKFAST:

Egg white, spinach and tomato, or egg and cheese

### *Snack Add-Ons* Add on a mid-morning snack to hold you over until lunch

#### GREEK YOGURT

Variety of flavours.

**\$2**

#### PARFAIT

Yogurt mixed with berries and granola.

**\$4**

#### FRUIT CUP

Seasonal fresh cut fruit

**\$4**

#### GRANOLA BARS

Assorted variety of granola Bars

**\$2**

### SIMCOE MARKETPLACE

200 Front Street West, Unit C005, Box 13, Toronto, Ontario, M5V 3K2

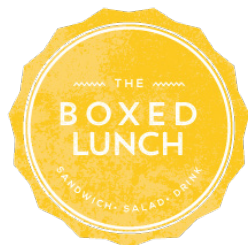
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[WWW.MPLACE.CA](http://WWW.MPLACE.CA)**

*December 2016*

## Customized Lunch Box Menu

ADD FRESHLY SQUEEZED  
 ORANGE JUICE FOR JUST \$2



### GOURMET BOXED LUNCH

includes choice of:

- Gourmet Sandwich
- Side Salad
- Water, Juice or V8

**\$12**



### GOURMET BOXED SALAD

includes choice of:

- Gourmet Boxed Salad
- Fresh Bun
- Water, Juice or V8
- \$3- Add grilled chicken

**\$11**



### SOUP BOX

includes choice of:

- Soup of the Day
- Half Sandwich
- Side salad
- Water/Juice

**\$12**



### HOT BOXED LUNCH

includes choice of:

- Protein
- Grain or Potato
- Vegetables
- Water/Juice
- (Minimum Order of 10)

**\$12-15**

*Snack Add-Ons* Add on an afternoon snack to beat those 3 o'clock cravings.

#### \$4-HUMMUS & PITA

Baked pita chips with hummus.

#### \$3-VEGETABLES & DIP

Fresh market vegetables with ranch dip.

#### \$1--COOKIES

Assorted varieties

#### \$4-FRUIT CUP

Seasonal fresh cut fruit.

#### \$5-CHEESE + CRACKERS

Assorted variety of cheese served with crackers.

## Options

### GRILLED PANINI OR WRAPS:

- Grilled chicken, pesto, mozzarella, spinach, peppers.
- Tuna, cucumbers, spinach.
- Eggplant, peppers, zucchini, mozzarella.

### CROISSANT SANDWICHES:

- Ham, apples, butter, mozzarella cheese
- Tuna, mayo, tomatoes, hard boiled egg
- Turkey, pesto, peppers, mozzarella
- Peppers, olives, feta, olives, lemon, yogurt, olive oil

### GOURMET BOXED SALAD:

Arugula Salad – arugula, avocado, cherry tomatoes, feta, dressing

Spinach Salad – spinach, dried cranberries, almonds, fresh strawberries, dressing

Caesar Salad - romaine lettuce, croutons, parmesan cheese, dressing

Garden Salad – spring mix, olives, tomatoes, cucumber, mix peppers, dressing

### SIDE SALAD:

Choose from our large variety of salads (over 25 salads to choose from).

### Hot Boxed Lunch Options

### PROTEIN:

Greek Chicken (\$12), Grilled Chicken (\$12), Grilled Salmon (\$15), Butter Chicken (\$12), Teriyaki Noodles (\$12).

### GRAIN OR POTATO:

Rice, Quinoa, or Daily Potato

### VEGETABLES:

Grilled Vegetables or Side Salad

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